

CERTIFICATE OF PARTICIPATION

This is to certify that

Michelle Parfett

Has successfully participated & completed the
8km Shift Wellness - Trail Run, The Shift Series
held at Walter Sisulu Garden.

TIME 01:38:33

PACE 12:18/km
OVERALL 116 of 166

GENDER 53 of 88
40 - 49 11 of 18

23 June 2019, Sun

Date



BoutTime

Signature

